



For Immediate Release  
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## Press Release

### Meals on Wheels Offering H1N1 Flu Vaccinations

**(Greenville, S.C.) Meals on Wheels, in partnership with Interim Healthcare, is offering a H1N1 Flu Clinic for Greenville County. The flu clinic will be Thursday, February 25, 2010 from 8:30 to 1:00 p.m. at the Meals on Wheels office at 15 Oregon Street. Vaccines are provided and administered by Interim Healthcare Registered Nurses. Cost for vaccine is \$10. Payment can be made by cash, check, Mastercard or Visa. No Medicare, Medicaid or Insurance payments will be accepted.**

Flu season begins in November and lasts through March, generally peaking in January and February. The flu usually spreads from person-to-person when an infected person coughs, sneezes, or talks and the virus is transmitted into the air. Unlike many other viral respiratory infections, such as the common cold, the flu causes severe illness and life-threatening complications in many people. It is estimated that approximately 10% to 20% of U.S. residents get the flu, and an average of 114,000 persons are hospitalized for flu-related complications. About 36,000 Americans die on average per year from the complications of flu. According to the Centers of Disease Control, the single best way to protect against the flu is to get your vaccination each year.

*Meals on Wheels of Greenville is a non-profit, home-delivered, hot meal service for homebound disabled and elderly persons who are unable to prepare their own food. Meals on Wheels of Greenville relies solely upon private contributions without funding from the Government or United Way. This year Meals on Wheels of Greenville will prepare and deliver approximately 400,000 life-sustaining meals to residents throughout Greenville County. For more information call 233-6565 or go to [www.mealsonwheelsgreenville.org](http://www.mealsonwheelsgreenville.org)*

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